



Services for Young Children

Yellow Heat Health Alert

Heat Health Alert – MET Office [Heat-health Alert service - Met Office](#)

There is strong likelihood of the heat health criteria being met between **09:00** on **24 June** and **18:00** on **27 June** in parts of England. These details will not be updated unless the alert level also changes, the latest forecast details can be obtained at the following link: [Weather and climate change - Met Office](#)

There is potential for significant impacts to be observed across the health and social care sector due to the high temperatures, including: observed increase in mortality across the population likely, particularly in the 65+ age group or those with health conditions, but impacts may also be seen in younger age groups; increased demand for remote health care services likely; internal temperatures in care settings (hospitals and care homes) may exceed recommended threshold for clinical risk assessment; impact on ability of services to be delivered due to heat effects on workforce possible and many indoor environments likely to be overheating, risk to vulnerable people living independently in community as well as in care settings.

Please take care and take sensible precautions to keep children safe from exposure to sun and from heat exhaustion. [Looking after children and those in early years settings during heatwaves: for teachers and professionals - GOV.UK \(www.gov.uk\)](#)

Below is what to do should a child suffer from heat illness. This information has been extracted from the document at the link above.

Actions to protect children suffering from heat illness

The following steps to reduce body temperature should be taken immediately:

- Move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap)
- Cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30°C) water; if available place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan.
- Dial 999 to request an ambulance if the child (or person) doesn't respond to the above treatment within 30 minutes.

If a child loses consciousness, or has a seizure, place the child in the recovery position, call 999 immediately and follow the steps above until medical assistance arrives.

The following links provide advice on coping with hot weather:

- [Hot weather and health: guidance and advice - GOV.UK \(www.gov.uk\)](#)
- [Beat the Heat: Hot Weather Advice - GOV.UK \(www.gov.uk\)](#)
- [Heatwave: how to cope in hot weather - NHS \(www.nhs.uk\)](#)
- For babies specifically: [Keeping your baby safe in the sun - NHS \(www.nhs.uk\)](#)
- [Teach your children the Water Safety Code - Hampshire SCP](#)

If you have to close your setting as a result of the weather, please inform Services for Young Children by completing this form: [Early Years and Childcare Providers - Emergency Closure Reporting \(office.com\)](#)