## St Mark's Weekly Learning - "This week, we'll be ...."

## We are very excited about our school Wellbeing Week. We have lots of lovely Year 1 • mindfulness activities planned and we will be using the story 'Your Mind Is Like The Sky' by Bronwen Ballard as inspiration for some of our tasks. In maths, we will enjoy a vocabulary rich week where we explore the position of things. ٠ This will include left and right, to the left of and right of, above, on top of and below and first place, second place, third place and so on. We will also use some of these instructions to get a Beebot to travel from one place to another. We are very excited for Sports Day on Friday too! • We have some wonderful exciting activities planned for Wellbeing week. Year 2 • Every day we will be focusing on a different element of wellbeing including connection, taking notice, giving, learning and keeping active! We will be using the story 'Your Mind Is Like The Sky' by Bronwen Ballard to explore our • understanding of thoughts and feelings. In Maths, we will be finishing our unit on telling the time. We revisit telling the time to • the nearest five minutes. We will be completing our amazing African art unit by creating some Maasai artwork! At the end of the week we are looking forward to our annual sports day! Fingers crossed for a sunny day! We will be using Wellbeing Week to complete many of our topics, including our Year 3 • Geography unit on Amazingstoke where we will be taking a healthy walk into our local area to explore human and physical features of Hatch Warren & Beggarwood. In addition, we will be completing our DT unit where we will be sewing a tapestry based ٠ on local flowers by using running stitch, cross stitch and applique. We are hoping to display these in Beggarwood Park Cafe when they are finished. Across Wellbeing Week, we will be using the beautiful book 'Your Mind Is Like The Sky' by Bronwen Ballard to explore our feelings and make leaflets to promote ways to look after our own wellbeing. In maths, we will be continuing our work on time, including telling the time in 1 minute • intervals. Each day across the week, will begin with mindfulness activities focussing on connection, taking notice, giving, learning and finishing on Sports Day with keeping active! We have many wonderful activities planned for our wellbeing week. In English we will Year 4 • focus on the story Your mind is like the sky by Bronwen Ballard. We have our final two swimming lessons. The children have been so sensible and made • us proud during our trips to the swimming pool. The children will create mindfulness posters, showing the key things we can do to help our wellbeing. What an exciting week we have ahead of us for wellbeing week. We are super excited to Year 5 ٠ make some class 'Positivi-Trees', release some of our negative self-talk, write some letters of gratitude and also write our own stories based on the book 'Your mind is like the sky' by Bronwen Ballard. We are going to be completing a mini art project based on the work of Vanley Burke who • documented the arrival of the Windrush generation through photography. We will documenting our time in Year 5 through photography too! We are also squeezing in some more Maths lessons - choosing the most efficient methods for calculating with decimals.

## Week Beginning: Monday 20th May 2024

Year 6	<ul> <li>Wellbeing Week will allow us to focus on our incredible minds with both our positive and negative thoughts. We will explore Bronwen Ballard's book, 'Your mind is like the sky,' and discuss ways to deal with worries and negative thoughts.</li> <li>On Monday, our Y6 learners will be the leaders of a mixed-age group from across the school to work collaboratively on a task linked to our wellbeing.</li> <li>Our RE lessons will involve the concept of celebration; we will focus on Eid Al-Fitr celebrated by Muslims.</li> </ul>
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